

MILK:

<p>ACIDOPHILUS COW'S MILK (SWEET ACIDOPHILUS MILK)</p> <p>USE: For <u>children over 2 years of age and adults</u> with <u>lactose intolerance or digestive disorders</u>. The lactobacillus acidophilus bacteria has been added to whole, low fat or nonfat varieties of milk to yield low lactose levels. Indicated for individuals on continuous antibiotic therapy. Pasteurized and enriched with vitamins A and D. 2.0% milk fat.</p> <p>Per 8 oz (low fat): 110 kcals, 9 g protein, 2.5 g fat, 13 g CHO, 0 mg iron</p> <p>CAUTION: WIC does not recommend low-fat milk for children under 2 years of age. Other sources of fat must be included in the diet of 1-year old using low-fat milk. Not appropriate for individuals with a milk protein allergy.</p>	<p>Approved for adults and children > 2 yrs.</p> <p>Authorized by CPA.</p> <p>Document in the participant's file specific indication for use.</p>	<p>Quart, Half gallons (Children - 24 quarts) (Women, Breastfeeding/ Pregnant - 28 quarts) (Women, Postpartum - 24 quarts)</p>	<p>Protein -Casein</p> <p>Fat -Milk fat</p> <p>Carbohydrate -Lactose</p>
<p>COW'S MILK, PASTEURIZED</p> <p>USE: For <u>children and adults</u> with <u>no special nutritional requirements</u>. Supplies calcium, phosphorus, and vitamin D for healthy bones and teeth. Also supplies protein for growth.</p> <p>Per 8 oz: Whole milk -3.5% fat provides 18.75 kcals/oz. Lowfat milk - 2.0% fat provides 15.12 kcals/oz. Lowfat milk - 1.0% fat provides 12.75 kcals/oz. Skim milk - 0% fat provides 10.75 kcals/oz. Provides 0.48 mg iron/quart.</p> <p>CAUTION: WIC recommends whole milk for children until the age of 2 years to ensure sufficient energy and to provide linoleic acid, an essential fatty acid needed for growth and development of body tissues. A specific form of eczema has been observed in infants deficient in linoleic acid. Pasteurized cow's milk is not recommended for infants because: 1) it can cause gastrointestinal blood loss, 2) the solute load is too heavy for the infant's renal system to handle, 3) it is low in vitamin C and iron, and 4) the early introduction of cow's milk may increase the incidence of cow's milk allergy and the possibility of increased incidence of diabetes. Ingestion of unpasteurized dairy products is associated with illness due to group C streptococcal infections, staphylococcal enterotoxin, salmonella, Escherichia coli, Mycobacterium tuberculosis, Campylobacter fetus jejuni, and Listeria monocytogenes (meningitis and sepsis).</p>	<p>Approved for adults and children.</p> <p>Whole milk is approved for adults and children. Lowfat milk is approved for adults, and for children over 2 years of age. Lowfat milk may be approved for children under 2 years of age who have other sources of fat, such as meat, cheese, peanut butter, ice cream, added margarine or vegetable oils in their diet, and have appropriate growth.</p> <p>Authorized by CPA.</p>	<p>Quart: whole, skim, lowfat, buttermilk, acidophilus, lactose reduced</p> <p>Half Gallon: whole, skim, lowfat, buttermilk, acidophilus</p> <p>Gallon: whole, skim, lowfat (Children - 24 quarts) (Women, Breastfeeding/Pregnant - 28 quarts) (Women, Postpartum- 24 quarts)</p>	<p>Protein -Casein</p> <p>Fat -Milk fat</p> <p>Carbohydrate -Lactose</p>

<p>DAIRY EASE Lactose Reduced Milk (Land O' Lakes)</p> <p>USE: For <u>children and adults</u> with <u>intolerance to lactose</u>. Treated with lactase enzyme to change lactose to glucose and galactose. Ultra-pasteurized, vitamins A & D fortified. Available in whole, 2%, and nonfat.</p> <p>CAUTION: WIC does not recommend 2% or nonfat milk for children under 2 years of age. Other sources of dietary fat should be consumed if used for toddlers. Soy formula or lactose-free formula is more appropriate for infants and 1 year olds with lactose intolerance who are at risk for inadequate growth.</p>	<p>Approved for adults and children.</p> <p>Authorized by CPA.</p> <p>Document in the participant's file specific indication for use.</p>	<p>Quart (Children - 24 quarts) (Women, Breastfeeding/Pregnant - 28 quarts) (Women, Postpartum - 24 quarts)</p>	<p>Protein - Casein</p> <p>Fat - Milk fat</p> <p>Carbohydrate - Hydrolyzed lactose (glucose & galactose)</p>
<p>GOAT MILK (Meyenberg)</p> <p>USE: For <u>children and adults</u> with <u>sensitivity to cow's milk and/or intolerance or adverse reaction to soy milk</u>. Goat milk that has been pasteurized, and fortified with vitamin D (evaporated milk has additional folic acid fortification, and 1% milk has additional vitamin A fortification.) The casein in goat milk, plus the evaporation process (in evaporated milk), renders the milk more digestible and less allergenic. The fat has a high proportion of short chain and medium-chain fatty acids</p> <p>Per 8 oz: Whole milk- 142 kcals, 8.45 g protein, 7.2 g fat, 10.75 g CHO, 0 mg iron, 316 IU Vitamin A, 100 IU Vitamin D Low Fat Milk - 89 kcals, 7.39 g protein, 2.4 g fat, 9.4 g CHO, 0 mg iron, 500 IU Vitamin A, 100 IU Vitamin D Evaporated Milk - 144.6 kcals, 8.18 g protein, 7.8 g fat, 10.42 CHO, 0 mg iron, 343 IU vitamin A, 100 IU vitamin D, 80 mcg folic acid</p> <p>CAUTION: Goat's milk should not be used for infants under one year of age because of the high potassium and chloride content, and inadequate amounts of vitamin C, D, B6, iron, folic acid, niacin, riboflavin, thiamin, and pantothenic acid.</p>	<p>Approved for adults and children.</p> <p>Authorized by CPA.</p> <p>Document in the participant's file specific indication for use.</p> <p>Lowfat goat's milk is recommended as this product meets the federal requirement of fortification of 2000 IU of Vitamin A per fluid quart. Whole goat's milk does not contain 2000 IU of Vitamin A per fluid quart, but may be issued at the CPA's discretion. Fortification of Vitamin A is especially important due to the low intake of fruits and vegetables in the WIC population.</p>	<p>Quart (Children - 24 quarts) (Women, Breastfeeding/Pregnant - 28 quarts) (Women, Postpartum - 24 quarts)</p> <p>12.5 oz can (Children - 25 cans) (Women, Breastfeeding/Pregnant - 29 cans) (Women, Postpartum - 25 cans)</p>	<p>Protein (23-33% kcals) - Goat milk protein, casein, whey</p> <p>Fat (24-48% kcals) - Milk fat (higher in short- and medium-chain fatty acids than cow's milk)</p> <p>Carbohydrate (29-42% kcals) - Lactose</p>

<p>LACTAID and LACTAID 100 (McNeal)</p> <p>USE: For <u>children and adults</u> with <u>intolerance to lactose</u>. Pasteurized, vitamins A and D fortified. Available in low-fat (1.0%, 2.0%), calcium-fortified reduced fat, nonfat and whole, formulations of 50%, 70%, and 100% lactose reduction. Lactaid has 3.6 gm lactose/8 oz. Lactaid 100 is lactose free</p> <p>Low Fat (2 % fat): 15.12 kcals/oz, 1.0 g protein/oz. Low Fat (1 % fat): 10.75 kcals/oz, 1.05 g protein/oz. .48 mg iron/quart</p> <p>Osmolality: 280 mOsm/kg</p> <p>CAUTION: WIC does not recommend 2.0% or nonfat milk for children under 2 years of age. Other sources of dietary fat should be consumed if used by toddlers. Soy formula or lactose free formula is more appropriate for infants and 1 year olds with lactose intolerance that are at risk for inadequate growth.</p>	<p>Approved for adults and children.</p> <p>Authorized by CPA.</p> <p>Document specific indication for use in client's chart.</p>	<p>Quart (Children - 24 quarts) (Women: Pregnant or Breastfeeding - 28 quarts; Postpartum - 24 quarts)</p>	<p>Protein - Casein</p> <p>Fat - Milk fat</p> <p>Carbohydrate - Hydrolyzed lactose</p>
<p>LOPRO (Med-Diet Labs)</p> <p>USE: For <u>children and adults</u> with <u>protein and phosphorus restricted diets</u>. Contains only 29% of protein and 52% of the phosphorus compared to low fat milk.</p> <p>Per 8 oz: 87 kcals, 2.4 g protein, 3.7 g fat, 11.2 g CHO, 120 mg phosphorus</p> <p>CAUTION: For use only under medical supervision.</p>	<p>Approved with prescription.</p> <p>Authorized by RD.</p> <p>Renew Rx/6 months.</p>	<p>2.8 oz packet 24 packets / box (Contact State RD for max)</p> <p>Dilution: 1 packet makes one quart.</p>	<p>Protein (11% kcals) - Whey powder, nonfat dry milk, sodium caseinate</p> <p>Fat (38% kcals) - Partially hydrogenated soybean oil, mono and diglycerides</p> <p>Carbohydrate (51% kcals) - Corn syrup solids, nonfat dry milk, sucrose</p>
<p>RESOURCE DAIRY THICK (Novartis)</p> <p>USE: For <u>children and adults</u> with <u>dysphagia</u>. 50% more calcium than regular milk. Available in nectar and honey consistencies. Kosher, low-residue, may be suitable for a gluten-free diet.</p> <p>Per 8 oz: 180 kcals, 8 g protein, 5 g fat, 26 g CHO (nutrition facts for vanilla flavor, nectar consistency)</p> <p>Osmolality: 330-400 mOsm/kg</p> <p>Flavors: original, vanilla</p> <p>CAUTION: For use only under medical supervision.</p>	<p>Approved with prescription.</p> <p>Authorized by RD.</p> <p>Renew Rx/6 months.</p>	<p>8 oz brik pak 27 brik paks / case (Children/Women – 113)</p> <p>64 oz pouch 6 pouches / case (Children/Women – 14)</p>	<p>Protein (18% kcals) - 2% reduced fat milk, milk protein concentrate</p> <p>Fat (25% kcals) - 2% reduced fat milk</p> <p>Carbohydrate (58% kcals) - Modified cornstarch, sugar</p>

<p>UHT MILK (Gossner)</p> <p>USE: For <u>children and adults</u> with <u>limited access to refrigeration</u>. Ultra High Temperature Milk is milk that is processed and packaged aseptically in special Tetra Pak packages, a high barrier packaging material, and sealed to keep out air and light to retain freshness. This shelf stable milk can be stored without refrigeration until the package is opened. Pasteurized and heated to 282 degrees F and then held for several seconds. The milk is then cooled to 70 degrees F in a continuous pressurized system. This allows for long shelf life without significantly altering the nutritive value. No preservatives are added to the milk. Available in whole milk, 2% milk and skim milk.</p> <p>CAUTION: Cow's milk is not appropriate for infants. Use the product prior to the expiration date on package. Do not use the product if the package is damaged or opened.</p>	<p>Approved for adults and children.</p> <p>Authorized by CPA when there is:</p> <ul style="list-style-type: none"> • scarcity of refrigerated milk • poor refrigeration facilities in the home • milk contamination emergency <p>Document specific indication for use in client's chart.</p>	<p>8 oz container 27 containers/case (Children - 96) (Pregnant/Breastfeeding Women - 111) (Postpartum Women - 96)</p> <p>32 oz container 12 containers/case (Children - 24) (Pregnant/Breastfeeding Women - 28) (Postpartum Women - 24)</p>	<p>Protein -Casein</p> <p>Fat -Milk fat</p> <p>Carbohydrate -Lactose</p>
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JUICE:

<p>RESOURCE THICKENED JUICE (Novartis)</p> <p>USE: For <u>children and adults</u> with <u>dysphagia</u>. Contains added zinc, vitamin C and calcium. Available in nectar and honey consistencies. Kosher, lactose-free, low-residue, may be suitable for a gluten-free diet.</p> <p>Per 8 oz: 160 kcals, 1 g protein, 0 g fat, 39 g CHO, 0 mg iron</p> <p>Osmolality: 782 mOsm/kg</p> <p>Flavors: orange, apple</p> <p>CAUTION: For use only under medical supervision.</p>	<p>Approved with prescription.</p> <p>Authorized by RD.</p> <p>Renew Rx/6 months.</p>	<p>8 oz brik RTF 27 briks / case (Children - 34) (Pregnant/Breastfeeding Women - 34) (Postpartum Women - 23)</p>	<p>Protein (3% kcals) - Concentrated fruit juice</p> <p>Fat (0% kcals) - None</p> <p>Carbohydrate (98% kcals) - Concentrated fruit juice, modified cornstarch</p>
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